

Stop America's Violence Everywhere (SAVE)

The SAVE program is a nationwide awareness campaign introduced in 1995 by the American Medical Association Alliance. This broad spectrum initiative strives to prevent many types of violence, some of which you may have experienced or witnessed at some point in your life. SAVE, provides a starting point for those who take action and can truly have a positive effect on the lives in your family and community. Outlined below are examples of what you, as an individual, or group, can do for the common good of all people by preventing acts of hatred.

- Report or act upon witness of physical or verbal abuse.
- Serve as a public defender, keeping eyes open and reporting suspicious activities.
- Report hate crimes to local law enforcement.
- Practice safety with weapons and fire-arms.
- Report workplace violence or abuse to HR or EAP.
- Simply listening to our youth, and taking action when there are signs of negligence, abuse, or depressive symptoms.

Today our youth have become more vulnerable to both committing and being the victim of violence. Regardless of one's position on proposed contributors (news violence, video games, song lyrics, movies, technological advances) of violence, bullying has been and continues to be an area of valued focus. Social media sites, mobile messaging, texting, e-mail, blogs, and video castings have all provided an environment where hatred can change the lives of our youth forever.

Did you know?

Violence accounts for more than 500,000 emergency room visits each year.

More than 4,000 individuals receive medical care daily, due to violence.

Violence accounts, on average, for the death of approximately 59 Americans each day.

840,000 – The number of non-fatal assaults that women were victim to by a close partner. This number has been estimated to more accurately indicate that over 4 Million women are victimized by violence each year.

By the age of 18, an average child has witnessed over 200,000 violent events on television.

-Bureau of Justice Statistics

<http://www.amaalliance.org>

Taking Action

Millions of crimes occur involving teens each year. One in four bullies develop a criminal record by age 30. Nearly 200,000 physical attacks occur annually. Over 11,000 of those attacks include the use of a weapon. Something must be done.

All readers can take action to combat violence in a number of ways:

- Educate children that "hands are not for hitting."
- Increase your awareness of child self-esteem, and develop the power of choice and outcome, as well as conflict resolution.
- Spread kindness through honest and healthy behaviors.
- Identify and address unsafe activities (playing in the streets).
- Monitor television and computer activity, and adjust parental settings.

Helpful Connections

AMA Alliance – SAVE Today:

<http://www.amaalliance.org>

<http://www.ama-assn.org/alliance>

STOP BULLYING

<http://www.stopbullying.gov/>

Human Resources

-Employee Assistance Programs

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